

GOA DIALOGUES

THE INTERNATIONAL CENTRE, GOA



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Volume V, Issue II

Newsletter

April - June, 2014



Winged visitor at ICG

DIRECTOR'S MESSAGE



*Dear Friends,
Greetings!*

It has been an exciting power packed last quarter, both within ICG and outside. After an historic victory at the polls, a new government is in place, and we are all waiting with bated breath for 'good days' to roll in ! Meanwhile in ICG, we have been having our share of good days, with a series of lectures, workshops, seminar and book launches.

Harsh Mander, an old friend and colleague, accepted our invitation and delivered a stunning lecture, with startling statistics, on 'Reclaiming the Idea of Government for the Poor', to a jam-

packed hall. His narration of how he got the Food Security Bill passed, despite major opposition, made for interesting hearing.

We had two very interesting book launches -- the India launch of Meena Kandasamy's debut novel "The Gypsy Goddess", was an eye opener for history and sociology students. The novel talks about a massacre in Tamilnadu in the 1960's, where a whole village was burnt down by the landlords, but the gory incident was somehow brushed under the carpet. Adv Norma Alvares who released the book, said in her impassioned speech, that she does not recommend this book for the fainthearted, because of the deeply disturbing questions it raises about class and caste.

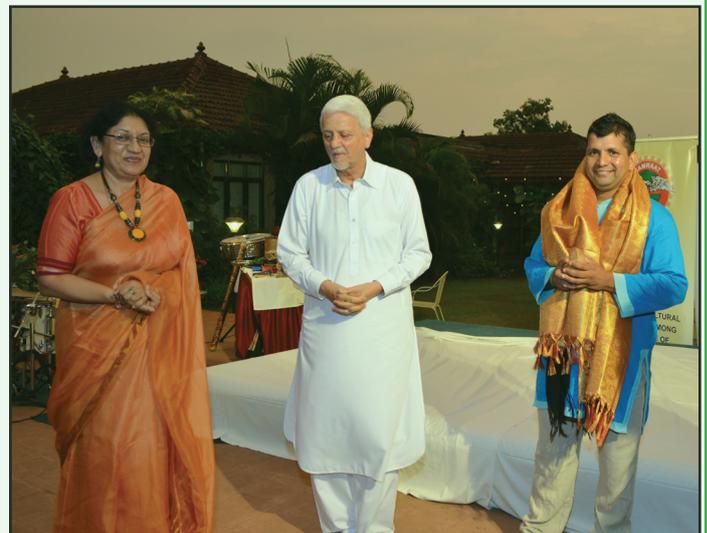
"The Warrior State - Pakistan in the Contemporary World", by Prof T.V. Paul, was another interesting book launch, where the author gives lucid reasons for Pakistan being a failed state. The book was released by Prof Paul's close friend, Shri B. Vijayan, Chief Secretary of Goa, to a packed hall.

Our regional seminar on 'Human Development: Role of Community Media and Mainstream Media', was another feather in our cap, where we achieved a coup of sorts. In the power packed session on "Who benefits from the resumption of mining?" we managed to have all the key players on the same platform, with each giving convincing arguments for their side. The recommendations for all the sessions are being circulated widely to all the stakeholders and the media, and are also on our website.

Monsoons are back, not with a bang, but a whimper this time! We just had a week of rain in the month of June. Our rainwater harvesting project that we have for recharging our two bore wells, recorded just 64 cubic litres of harvested rain water till the first week of July, as opposed to 717 cubic litres last year! Anyway the clouds are hanging heavy and low and everyone's hoping for the best.

As I write this, there is news that the Governor of Goa, Mr. B.V. Wanchoo has resigned. We at ICG, will certainly miss his gracious presence and his ever ready willingness to help us out with our Goa Arts and Literary Festival. It was entirely due to his efforts that we had Jammu and Kashmir as our partner in 2012, with its Chief Minister Shri. Omar Abdullah, gracing the inaugural event. Last year, he helped us showcase Assam. His informal attitude and smiling countenance will always be with us. Here's wishing him all the best in the future!

We have some wonderful programmes lined up for you in the coming months. Hope to see you all at ICG. Wishing you good health and cheer!



Hon. Governor Shri B.V. Wanchoo at the JUGALBANDI of Indian Slide Guitar & Sarangi organized in association with Samraat Club Panaji and Rotary Club Panaji at ICG.

Reshma Lata



Some of the Speakers at the Seminar

Regional Seminar on Human Development: Role of Community Media and Mainstream Media'

The International Centre Goa in association with Media Information and Communication Centre of India (MICCI), Goa Union of Journalists (GUJ) and Friedrich Ebert Stiftung - India (FES-India) organized a Regional Seminar on Human Development: Role of Community Media and Mainstream Media' from 24th-25th May.

Apart from delving into the role of Community Media and Mainstream Media in Human Development, the speakers also discussed other aspects of development in this state like -

- Is the devolution of Panchayat a key to Good Governance?
- Who benefits from the resumption of mining?
- And how effective is higher Education in creating a knowledge society?

The sessions of this seminar were very vibrant with resource persons like P Mathew Samuel, Secretary for Education, Govt. of Goa; Manoj Kamat, Chairperson of Education Committee, GCCI; environmentalist Claude Alvares, Christopher Fonseca, Goa Mining People's Front; Former Union Minister Ramakant Khalap, among others, taking part in this seminar.

The following are some of the recommendations that were drawn up:

1. Government should come with a comprehensive report on the Human Development Index.
2. There is an urgent need to push for reforms in areas of land records, civil code and succession rights.
3. Media should play the role of a constructive opposition. Mainstream media needs to focus on human development issues and take them to a logical conclusion instead of leaving reports midway. Media should also highlight the good practices and innovations available in and around (either done by government, private players, business houses, NGOs, individuals) on various issues.

4. Set up community radio stations to enhance participation of communities in media. In the meantime, make radio programmes for the community and by the community and broadcast them from the All India Radio.
5. Goa being a small State, conflict of interest between MLAs and ZP members affects the Panchayati Raj system. Attempts should be made to amend the Constitution to allow two tier Panchayat system at Village and Taluka level, instead of Village and Zilla level.
6. It may be possible to merge concepts of Panchayats and Municipalities on the lines of old "Camara Municipal do Concelho" which had "Junta Local" at village level with limited fiscal powers and Municipal Council for the entire Concelho or Taluka entrusted with jurisdiction over the entire taluka.
7. Law Commission of Goa or a Committee of experts be entrusted with the task of suggesting reforms on the lines of the above and other relevant issues.
8. Training of PRIs on conducting Gram Sabhas should be done on a regular basis. Moderators can be appointed/ deputed for recording the proceedings of Gram Sabhas. The Block Development Officer or his/ her nominee must attend and supervise the Gram Sabhas. Secretaries should undergo regular orientation / training to discharge their duties efficiently.
9. There should be joint training of Sarpanches and Panchayat Secretaries on various issues i.e. Program Management, provisions given in 73rd Amendment including devolution, soft skills, documentation and communication, financial management, monitoring, supervision and evaluation.
10. The garbage crisis needs to be resolved at the Panchayat/ Municipal level.
11. Government should set up at least one crematoria and burial ground in each taluka.

12. Since mining is a public resource it should be operated by a Public Limited Co., formed by the Government instead of private companies operating it. However appropriate measures, which are transparent and open for public scrutiny, should be adopted to avoid any incidences of scams.
13. Government should set up a Permanent Fund (could be called 'Goenchi Mati' Permanent Fund) and deposit the revenue generated from mining in it and spend only the interest earned on this Fund on various welfare programmes/ schemes.
14. The archaic laws, rules, etc. with respect to mining need to be amended. Mining should resume in a scientific and sustainable way and media should follow up with the government on adopting a transparent Mining Policy. The buffer zones should be based on a scientific basis.
15. Government should come up with a law and set up mechanisms to check fake educational institutions, also keep a check on commercialization of education. All educational courses, including the vocational courses, should be designed in consultation with local industry and by incorporating proper internship in it.
16. Encourage involvement of the government and business houses in funding higher educational institutes as part of their CSR.
17. Increase efficiency of teachers and introduce thorough recruitment process to avoid imparting faulty education. A system of empanelment of teachers to avoid the delay in recruitment process may be introduced.

Janmashtami ONAM
Raksha RAMZAN Parsi
Bandhan New Year
GANESH INDEPENDENCE Gandhi
DAY Jayanti
CHATURTI Dussehra

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ICG celebrated its 18th Birthday on
18th June 2014

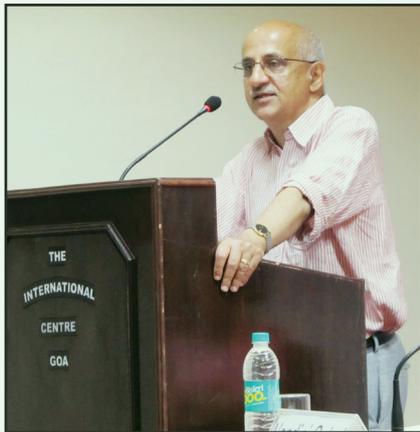


ICG Staff enjoying the celebrations

LECTURES

'Reclaiming the Idea of Government for the Poor'

As a part of the series of lectures on Good Governance, Harsh Mander, Director, Centre for Equity Studies and Special Commissioner to the Supreme Court of India in the Right to Food case, delivered a lecture on 'Reclaiming the Idea of Government for the Poor' on 8th April. Mr. Mander discussed new India's expectations of a good government. He pointed out the paradox that despite India having 80 million tonnes of resources and is growing food that is enough for everyone, a huge number of it's children still go to sleep hungry. He highlighted the need to make the government legally and morally responsible. He stated that for a country like India, the greatest economic loss is the malnourished productive population due to low education and healthcare standards. The lecture received a warm response from eminent citizens in the audience. The lecture was chaired by lawyer & social activist, Adv. Satish Sonak.



Talk on 'Green and Sustainable Urban Transport System'

On the occasion of World Environmental Day on 5th June, Mr. Bijon Shaha, former Director of ETDC-Goa delivered a talk on 'Green and Sustainable Urban Transport System: Urgent Need & Global Trend'. Mr Shaha is an expert in Quality Management, Environmental Management, and Occupational Safety Management. In his session



he said that the urgent need of the hour is an urban transport system that is economically viable, socially all-inclusive and environmentally 'green'. He also shed light on the new technologies that are being made available since they do not use any fossil fuels and have zero carbon emissions.



Talk on Green Buildings and 'Earthships'

To commemorate Earth Day on 22nd April, a talk cum interactive session on Green Buildings and 'Earthships' by Mr. Bijon Shaha, former Director of ETDC-Goa was held. Mr. Shaha said that buildings are the chief cause of global warming, since their maintenance consumes 40% of world energy, 65% of all electricity and 40% of raw materials. He spoke of green buildings and defined them as self sufficient buildings, that rely on natural principles, instead of mechanical, to provide non polluting heating and cooling.

Talk on Importance and Benefits of Source Segregation

In commemoration of Earth Day another talk on 'Importance and Benefits of Source Segregation' was held on 23rd April. The talk was organized in association with, The Energy & Resources Institute (TERI) and the Regional Centre of Expertise on Education for Sustainable Development (RCE-Goa). The talk revolved around the urgent need for responsible disposal of wastes so as to enable its convenient handling and management. The group discussion with the participants at the end of the talk highlighted some tips on how to encourage the public to collect recyclables such as old batteries and empty milk packets and deliver them to collection centers for incentives.



Talk on 'The Mouse Charmers – Digital Pioneers of India'

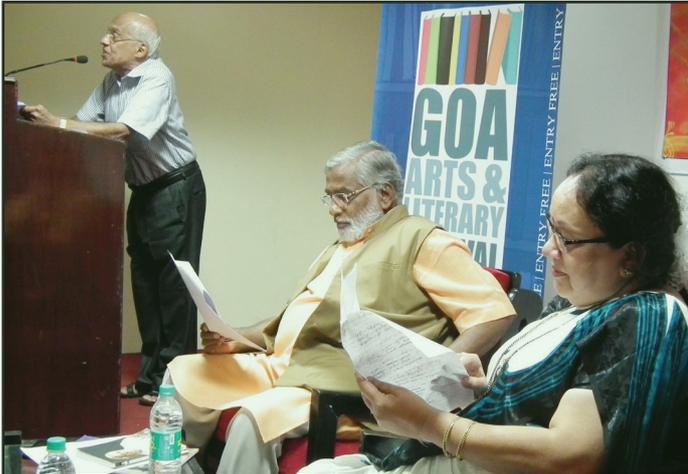
Anuradha Goyal held a talk cum interactive session on her book 'The Mouse Charmers – Digital Pioneers of India' on 28th June. In her book, Anuradha Goyal tells the stories of twelve digital entrepreneurs in three key areas: commerce, content and connectors. She examines how they started out, the innovations and technologies involved, their business models, and unique marketing strategies. The book features: Flipkart, MakeMyTrip, Big Basket, CaratLane, Zomato, Games2Win, ImagesBazaar, Chai with Lakshmi, shaadi.com, RangDe, CommonFloor and IndiBlogger. This event was organized by Sadhanalaya in association with ICG.

GALF CURTAIN RAISER



Kavyarang: Colours of Poetry

In commemoration of World Poetry Day, Kavyarang: Colours of Poetry was held on 25th April. Renowned Marathi Poet, Arun Mhatre, whose two recent books – ‘Koso Maeel Door Ahe Chandani’ (The moonshine is still far away) & ‘Te Divas Ata Kuthe’ (Where are those days?) have won the Maharashtra State Award, was the Chief Guest. The poems were recited in English, Hindi, Marathi, Konkani, Bengali and Gujarati. Prof. Neeta Torne and Govt College of Arts & Commerce, Virnoda, Pernem Goa collaborated with us to organize this event.



Uttējana : Encouragement

A recital of Gulzar’s poems with translations in English & Konkani was organized in association with the Konkani Lekhak Sangh ‘Uttējana: Encouragement’, on 7th June. Over 40 poets recited 15 of Gulzar's selected poems in Hindi. Their translation into English was done by Ambassador Pawan Kumar Varma and their further translation into Konkani was done by renowned writer & poet N. Shivdas. Among the poems featured were 'Books', 'God', 'The Valley of Kashmir', 'For Naseeruddin Shah', 'Neighbour' and 'Monsoon'.



Poetry Session – Jave Kavitanच्या Gawa

An exclusive Poetry Session ‘A Free Glance on Marathi Poetry: ‘Jave Kavitanच्या Gawa’ by award winning young Marathi poets Dattaprasad Jog and Paresch Naik was held on 13th June. These poets have represented Goa at various Poetry Festivals such as Shekoti Sahitya Sanmela, Bilwadal Sahitya Sanmela, Akhil Gomantakiy Marathi Sahitya Sanmela and Yuva Sahitya Sanmela in Maharashtra and Gujarat. The poets explained the origins of Marathi poetry and the evolution of its poetry styles which today amount to a whopping 900 different formats.



“The Gypsy Goddess” by Meena Kandasamy

In association with Goa Writer's Group and Harper Collins Publishers India, ICG hosted the exclusive India launch of "The Gypsy Goddess" debut novel by acclaimed poet and activist, Meena Kandasamy. She is an Indian poet, fiction writer, translator and activist based in Chennai. Most of her works are centered on feminism and the anti-caste Caste Annihilation Movement of the contemporary Indian milieu. Environmental activist Padmashree Adv. Norma Alvares released the book on 15th June. The author read from the book, followed by a brief conversation with Vivek Menezes from Goa Writer's Group, questions from the audience and book signing.



“The Warrior State – Pakistan in the Contemporary World” by Prof. T.V. Paul

Chief Secretary, Government of Goa, Shri B. Vijayan released the book “The Warrior State – Pakistan in the Contemporary World” by Prof. T.V. Paul, a James McGill Professor of International Relations at the department of Political Science at McGill University, Canada, on 23rd June. Prof. Paul specializes and teaches courses in international relations, especially international security, regional security and South Asia. He is the author and editor of 15 books and nearly 55 journal articles. In his book he has brilliantly shed light on the true reasons why Pakistan turned out to be a failed state, and how the feudal-military-mullah nexus that ruled the country for much of its history has provided the right climate for democracy to be rendered inadequate to establish its credentials there. The Discussant for the session was Dr. Rahul Tripathi, Professor, Dept. of Political Science, Goa University.

HEALTH TALKS



Health & Beauty

Our first of the Health Talk series this quarter was one on health and beauty. Asha Arondekar, Wellishia D'Sa, Sonia Parab & Swati Jani of VLCC – Panaji gave a talk on 'Health & Beauty' on 11th April. They focused especially on obesity and beauty.



Mosquito-Borne Diseases

Living in a tropical country, we are at a high risk of getting vector borne diseases. Eminent Konkani Writer & Poet; author of 'Amcho Dotor' (Our Doctor) & Former Deputy Director, Directorate of Health Services Dr. Bhikaji Ghanekar delivered a health talk on Mosquito-Borne Diseases on 16th April. He said that though much of it is controlled, for years, residents have been battling insect-aided ailments such as malaria, dengue and chikungunya. Poor sanitation is the reason for the diseases, and with so many building constructions going on, stagnant water is a common sight. This becomes a breeding ground for the mosquitoes and even though malaria cases are reported throughout the year, it is during the monsoon, when the numbers sky-rocket.



'Awareness and Treatment of Head and Neck Cancers'

A talk on 'Awareness and Treatment of Head and Neck Cancers' by Dr. Swati Lambor, Consultant – ENT, Manipal Hospital Goa was held on 2nd May. She shed light on the wide

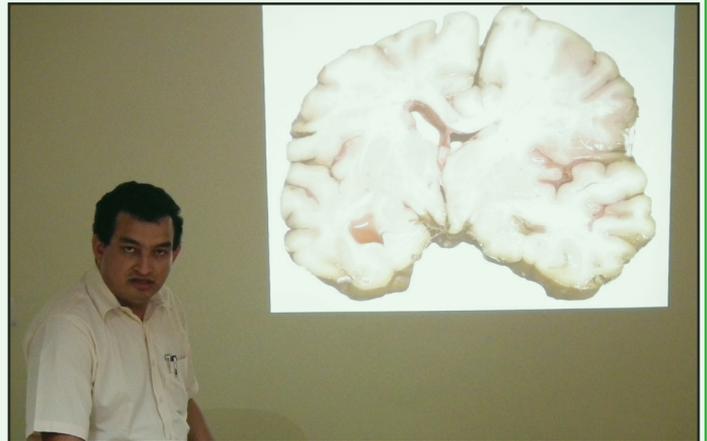
range of head and neck cancers, and their causes and symptoms that ranged from Para-Nasal Sinuses to Thyroid cancers. She also highlighted that in the Indian subcontinent around 45% of all malignancies are found in the head and neck area. She concluded by saying that these cancers are preventable with regular health check-ups and a balanced diet. She added that warning signs should not be ignored.



Health is in your own hands: an Ayurvedic perspective

In continuation with our Friday Health Talks, Dr. Archana Gaonkar, BAMS (Goa), an Ayurvedic Practitioner & award winning author delivered a talk on "Health is in your own hands: an Ayurvedic Perspective" on 9th May. She explained how unhealthy lifestyles and food habits are leading to disorders like

cardio vascular and kidney diseases, diabetes, cholesterol and obesity. Dr. Gaonkar also listed the various remedies found in Ayurveda to prevent and cure these diseases.



Stroke Prevention and its Treatment

Dr. Aaron De Souza, a Consultant Neurologist at the Manipal Hospital gave a health talk on Stroke Prevention and its Treatment on 23rd May. He shed light on the different types and sub-types of strokes, and said that they are the most common neurological diseases in India after migraine and epilepsy. He spoke about the various risk factors for the disease that involved high blood pressure, heart disease, smoking, oral contraception, obesity etc, and also explained the preventive measures and treatments required.

Gastroenterological & Liver Problems



WORKSHOPS



Contract Bridge

A workshop on Contract Bridge was held in the first week of April, May and June. The workshop was co-organized by Goa Bridge Association & the International Centre Goa.



Series of four workshops by Werner Souza

The first workshop conducted in this series was on 'How to get online without getting undressed', held on 3rd May wherein Werner spoke of the need to maintain privacy online since the

internet is merely an extension of our real lives.

His second workshop, titled 'Trust in God, but never remember your Passwords' was conducted on 10th May wherein he explained the ways to keep our online interactions secure which included not saving the passwords on the browser, to help safeguard us from hacking and phishing scams.

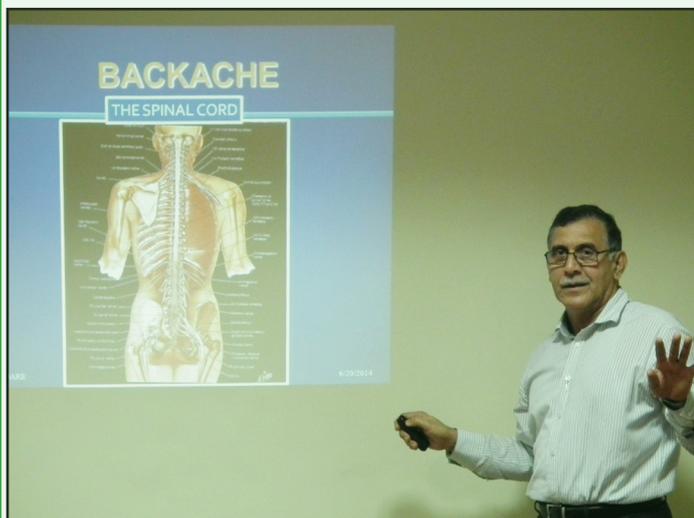
The third workshop on 'Social Media has nothing to do with Religion, Politics, Sex and Spouse' was held on 17th May, where he explained that it is best to avoid commenting on sensitive topics especially if we know little or less on that topic.

On 14th June he delivered a talk on 'Building your Personal Brand!', where he spoke that the most important product one is selling, regardless of the organisation one is working for, is one's self. He said that jobs are won, not by how one presents oneself self online, rather than how one performs in an interview.

Paper Quilling – Basic workshop by Lavina Melvani

The art of quilling, or coiling paper, has been around for centuries. It is an art form that involves the use of strips of paper that are rolled, looped, curled, twisted, glued together to create shapes which make up designs to decorate greeting cards, boxes and also to make jewellery. Three workshops were conducted by Lavina Melvani on 6th-10th May, 27th – 31st May and 12th - 15th & 17th June.

Dr. Jose Alvares, a Consultant Gastroenterologist at Apollo Hospital, Margao and Remanso Hospital, Mapusa delivered a health talk on "Lifestyle related Gastroenterological & Liver Problems: Measures to Avoid Them" on 6th June. He explained causes of heart burn and reflux, peptic ulcers, liver infections, gastro intestinal cancers, gall bladder stones, jaundice and how to avoid them, along with their treatments. He stated that most of these problems are lifestyle related and can easily be avoided by not smoking, drinking, eating pickled foods or excessive fatty foods.



Backache and its management

Dr. Deep Bhandare, a Consultant Orthopaedician at Manipal Hospital, delivered a health talk on "Backache and its management" on 20th June. Dr. Bhandare gave a very comprehensive presentation on how backaches are usually caused due to improper postures while standing, sitting or lifting, that lead to changes in curvatures in the back bone and said that if the postures are not corrected in time, the pain becomes chronic. He also said that stretches and exercises, in addition to applying heat or cold on the back relieves some patients' pain. The best treatment is to stay active because the longer one is immobile, the weaker their back muscles will become, and the more they will hurt in the long term.



Healthy Joints Awareness Camp

Forté Wellness in association with The International Centre Goa organized a "Healthy Joints Awareness Camp" on 21st June. They conducted Bone Mineral Density, Body Mass Index and Blood Pressure tests on the ICG staff and others.



Water Colour Workshop by Vatsala Kamat Hede

Vatsala Kamat Hede conducted a workshop on Water Colours from 11th-13th May. The workshop received a warm response from children and adults alike and the participants enjoyed working using the medium and made paintings of their choice such as landscapes and still life.



Green Living Workshop

Shweta Shirodkar conducted a series of workshops on sustainable living arrangements from 19th May to 26th May, at ICG. In these workshops, she conducted a workshop on Bonsai

- art of making miniature plants.

In Organic Gardening, she showed how to use kitchen waste, weeds, dried leaves etc., that would in turn benefit the quality of soil.

In the workshop on Sutli (jute) Art, participants were taught to reuse, waste CDs, bottles and make beautiful coasters, vases and wall hangings out of it.

Ms. Shirodkar also conducted a workshop on Madhubani Art with natural painting colours, where participants used natural extracts by adding plant resins to it.

In Paper Collage and Paper Mache Art, participants used old Magazines and news papers to create beautiful forms on paper and also paper jewellery. Carpet bedding and Terrarium were the two other workshops held.

'All- Year Organic Kitchen Gardening'

Workshop on 'All- Year Organic Kitchen Gardening' was held on 1st June. Participants were taught to grow organic, seasonal vegetables & fruit throughout the year. This workshop was co-organized by Green Essentials, Miguel Braganza and ICG.



Art Workshops by Vaishali Lall

Vaishali Lall conducted a workshop on Warli and Madhubani -Folk Art of India workshop, a Water Colours painting workshop and a Oil on Canvas workshop on weekends from 7th – 29th of June.



'How to File IT Returns and Tax Saving Schemes'

Mr. Dilip Sahakari, a Financial Consultant, conducted a workshop on 'How to File IT Returns and Tax Saving Schemes' on 21st June. He covered the basics right from registering on the Income Tax Department's website to filing returns online. He also explained means to reduce one's tax liability, which included investments under section 80C, medi-claims, life insurance policies etc.



Healing your Emotional Body Workshop by Karoona

Karoona, a teacher of Hatha Yoga, Pranayama, Meditation and yogic philosophy conducted her Healing your Emotional Body workshop on 25th-29th June and a Laughing Yoga session for the ICG staff on the 30th of June.

OTHER PROGRAMMES



JUGALBANDI – Indian Slide Guitar & Sarangi

The ICG in association with Samraat Club Panaji and Rotary Club Panaji organized an Indian Classical Music Jugalbandi of the Indian Slide Guitar, Sarangi and Tabla on 4th April. We had Manish Pingle on the Slide Guitar, Sandeep Mishra on the Sarangi and Prasun Chatterjee on the Tabla along with a solo act by percussionist Carlos Gonsalves.



Goa State Chess Championship

The Goa State Chess Championship was jointly organised from 21st-23rd April by the Goa Chess Association, Tiswadi Taluka Chess Association and the International Centre Goa. The response for the chess championship was impressive. Mast. Rohan Ahuja of Sharada Mandir School with 8.5 points out of 9 rounds emerged as the clear outright winner to claim the 2014 State Senior Chess Championship title.

Tea with Director



Our regular Tea with Director sessions continued this quarter too. Ms. Nandini Sahai (Director, ICG) invited the ICG members to an informal interaction over tea on 25th April and 26th June. The minutes of this meeting can be found at: http://internationalcentregoa.com/wp-content/uploads/2014/05/Tea_with_Director_250414.pdf and http://internationalcentregoa.com/wp-content/uploads/2014/05/Tea_with_Director_250415.pdf



“The Story of Stuff”: Film Screening & Panel Discussion

On 18th June, in association with The Energy & Resources Institute (TERI), the screening of a 20 min. animated documentary film: “The Story of Stuff” by Annie Leonard was organised, followed by a panel discussion with students from Mushtifund High School, Dr. K B Hedgewar High School, Sharda Mandir High School, Auxilium High School and Lourdes Convent High School. The documentary was enlightening and contributed further to a vibrant discussion. The panellists - Ramanand Thakur of Auxilium High School, Jerusha D’Souza of Lourdes Convent High School, Corran D’Souza & Evita Rodrigues of Sharada Mandir School and Sumukh Pinge of Mushtifund High School -- suggested ways to change production and consumption pattern so as to raise sustainability of resources.

LIBRARY BOOKS

New Arrivals		
Sr. No.	Title	Author
1.	The Accidental Prime Minister	Sanjaya Baru
2.	Crusader or Conspirator ?	P C Parakh
3.	India In Love	Ira Trivedi
4.	Conversations with Waheeda Rehman	Nasreen Munni Kabir
5.	Be Careful What You Wish For	Jeffrey Archer
6.	Governance for Growth in India	A. P. J. Abdul Kalam
7.	The General In His Labyrinth	Gabriel Garcia Marquez
8.	Chronicle of a Death Foretold	
9.	The Story of a Shipwrecked Sailor	
10.	Of Love and Other Demons	Meena Kandasamy
11.	The Gypsy Goddess	

Library timings: Mon - Sat - 9.30 am - 5.30 pm

Business Centre timings: All days - 9.30 am - 11.00 pm

Exclusive Lease Line High Speed Wi-Fi Internet Connectivity

OUR REGULAR PROGRAMMES

July to Sept 2014*

Thursday, 10th & 24th July; 14th & 28th August; 11th & 25th Sept.
Regular Meeting of ICG Toastmasters International Club*

(Regular TM meetings on every 2nd & 4th Thursdays)

Time: 6:15 pm to 8:15 pm

For details, contact – President: Lavina Melvani – 9763550980

VP Education: Navin Abraham – 9975167675

VP Membership: Umesh P – 9822142340

VP PR: Nandini Sahai – 2452813

Sunday, 6th July; 3rd August; 7th Sept.*

SEQC Monthly Quiz

The Sunday Evening Quiz Club's monthly quiz on general subjects

Time: 5:00 pm to 8:00 pm

Organized by SEQC in association with the ICG

For more information visit:

<http://seqc.blogspot.in> or email seqcgoa@gmail.com

Friday, 8th & 22nd August; 12th & 17th Sept.*

Friday Health Talk

Time: 6:00 pm to 7:30 pm

Co-organised by ICG and Manipal Hospital, Goa

Thursday, 15th August*

5th Annual All Goa Incredible India Quiz - 2014

Time: 2:00 pm to 8:00 pm

Organized by SEQC in association with the ICG

For more information visit:

<http://seqc.blogspot.in> or email seqcgoa@gmail.com

UPCOMING PROGRAMMES

July to Sept 2014*

Saturday, 19th July

Workshop on 'Operation of DMAT account and Loan against Shares' by Dilip Sahakari

Time: 5:00 pm to 8:00 pm

Resource Person: Financial Consultant

Organised by Dilip Sahakari in association with The International Centre Goa

Fee: Members/ Students – Rs. 400/- per session

Non-members – Rs. 500/- per session

Register with: Mr. Galileo Fernandes 2452805-10 (Ext. 605)/ pro@incentgoa.com

Saturday, 26th July*

Curtain Raiser Programme of Goa Arts & Literary Festival – 2014 the Book Launch

'THE ACCIDENTAL PRIME MINISTER:

The Making and Unmaking of Manmohan Singh'

Authored by Dr. Sanjaya Baru

Time: 11:00 am to 12:30 pm

Dr. Baru is Director for Geo-economics and Strategy, International Institute of Strategic Studies (IISS), London and Honorary Senior Fellow, Centre for Policy Research, New Delhi.

At the hands of Chief Guest & Chair: Mr. Robin Gupta (IAS Retd.) Formerly Financial Commissioner, in the rank of Chief Secretary - Govt. of Punjab

Followed by interaction with the Author

Organized by The International Centre Goa, Department of Political Science - Goa University and Penguin India.

Saturday, 12th August*

ICG Lecture Series by Eminent Persons

Lecture cum Interactive Session on

'Challenge and Strategy: Rethinking India's Foreign Policy'

by Ambassador Rajiv Sikri, Former Ambassador to Kazakhstan

Time: 11:00 am to 12:30 pm

Organized by The International Centre Goa in association with Dept. of Political Science & Centre for Latin American Studies - Goa University

Sunday, 24th August*

Seminar on 'Role of Youth in Enhancing Participatory Democracy'

Time: 10:00 am to 5:00 pm

Organized by The International Centre Goa in association with Friedrich Ebert Stiftung – India and Media Information and Communication Centre of India

Sunday, 24th August*

ICG Lecture Series by Eminent Persons

Lecture cum Interactive Session on

'Borders, Human Security and Peace Building: Role of the Universities'

by Prof. Mahendra P Lama

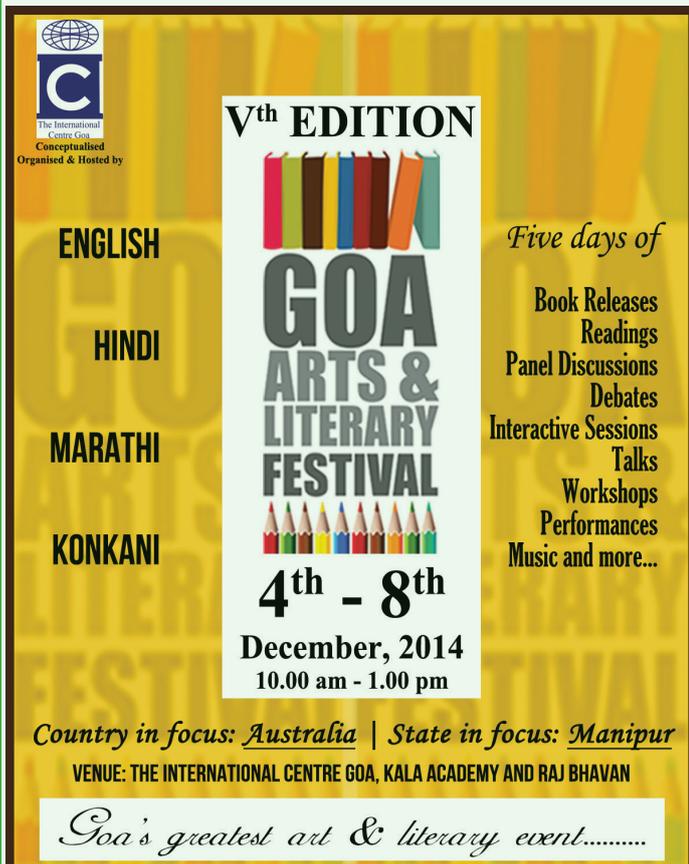
Professor of South Asian Economics, School of International Studies, Jawaharlal Nehru University

Time: 6:00 pm to 7:30 pm

Organized by The International Centre Goa in association with Dept. of Political Science & Centre for Latin American Studies - Goa University

* FREE ENTRY, Open to all Members / Non-Members

BOOK YOUR DATES !



The poster for the 5th Edition of the Goa Arts & Literary Festival 2014 is set against a yellow background with a faint pattern of the word 'GOA'. At the top left is the logo of The International Centre Goa, with the text 'Conceptualised Organised & Hosted by'. The central text reads '5th EDITION GOA ARTS & LITERARY FESTIVAL 4th - 8th December, 2014 10.00 am - 1.00 pm'. To the left, the languages 'ENGLISH', 'HINDI', 'MARATHI', and 'KONKANI' are listed vertically. To the right, a list of activities includes 'Five days of Book Releases, Readings, Panel Discussions, Debates, Interactive Sessions, Talks, Workshops, Performances, Music and more...'. At the bottom, it states 'Country in focus: Australia | State in focus: Manipur' and 'VENUE: THE INTERNATIONAL CENTRE GOA, KALA ACADEMY AND RAJ BHAVAN'. A quote at the bottom reads 'Goa's greatest art & literary event.....'.

*Date & Time of programme are subject to change. For updated list of forthcoming programmes, please visit: www.internationalcentregoa.com/

BUZZ

- ICG is now an ISO 9001:2008 Certified organisation.
- ICG Membership OPEN only for a short period. Apply now. Apply for a Spouse Membership Card / Duplicate Card. Life Membership can now be transferred to the Spouse of the life member after his / her demise.
- ICG is now affiliated to Royal Bombay Yacht Club, Mumbai.
- Join 'ICG Toastmasters International Club' - Mission of Toastmasters: We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth. Regular Meetings of the Club are held on 2nd & 4th Thursdays from 6:15 pm to 8:15 pm.
- To view charges for Swimming Pool / Gym / Jacuzzi effective from 1st June 2014, please visit our website.
- To watch videos on GALF 2013, Seminars, Lectures, Lectures by eminent persons and many more, please visit our website and Youtube.

HEALTH & FITNESS INITIATIVES AT THE ICG:

Open to all Members / Non-Members by Prior Registration only

AURA AYURVEDA & SPA

Our latest offering for you and your guests is a Salon, Spa & Ayurveda Scenically located near the Swimming Pool surrounded by beautifully landscaped garden. For more information, please visit www.auragoa.com

FREE SWIMMING / SNORKELING GUIDANCE

by **Walter Mascarenhas** (One-on-One basis) Personal attention only - No batches. Please bring your own swimming kit: costume, swimming goggles, swimming cap - (for people with long hair)

Training is FREE. However, ICG will charge a Fee per session towards Swimming Pool Charges - Members: Rs. 30/- | Non-Members: Rs. 50/-
Call or SMS - Walter Mascarenhas 9822911161

YOGA for the BODY, MIND & SOUL by Mrs. Hoor Girglani

Please bring your own yoga mat or a thick durry and wear loose fitting clothes like jogging pants, T-shirts, track suits, salwars, stretchable tights, etc.
Batch I - 7:00 am to 8:30 am | Batch II - 5:30 pm to 7:00 pm
Monday to Friday

Members/Students - Rs. 2000/- | Non-Members - Rs. 2500/-

Contact - Mrs. Hoor Girglani 9766015762

TAEKWONDO (Martial Arts, Fitness, Health & Self-defence)

Trainer: Vincent Rosario (Black Belt AIMAA - Kukkiwon Certified)
Trained & certified instructor by Grand Master CHO
Monday & Friday | 5:15 pm to 6:30 pm | Rs. 400/- per month

Contact - Vincent Rosario: 9823696138

KICKBOXING and KICK AEROBICS by Rahim & Bina

Please bring your own yoga mat, water and towel and wear jogging pants, T-shirts, or uniforms. Outdoor shoes are not permitted, so bring footwear specifically for training. No mobile phones to be used during class for best results and class' focus. Tues, Thurs & Sat | 7:00 pm to 8:30 pm

Fee (per person per month): Members / Students - Rs. 1200/-

Non-Members - Rs. 1500/-

Contact - Rahim - 9822134658 | Bina - 9881971825

WANT TO BE FIT & HEALTHY? by Calburn Fitness Solutions

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Contact - Macedonio Fernandes 9811511595 | Dax Mendes - 9823578880

Please check <http://www.internationalcentregoa.com> for details.

Most of our major programmes are available on Youtube.



AFFILIATIONS



THE SECUNDERABAD CLUB

This is one of the five oldest Clubs in India. It started as an exclusive club for the officers of the British Cantonment. Sponsorship by successive Governments and strict abeyance to its code of conduct has resulted in the club being among the list of finest clubs for Indian Gentlemen.



PYC HINDU GYMKHANA

Pune's premier sports and leisure club, equipped with the latest facilities in sports, fitness, recreation, fine dining, accommodation and banqueting, with a unique family focus, the Club offers a refined clubbing experience to all its Members.



THE INDIA HABITAT CENTRE, NEW DELHI

This was conceived to provide a physical environment which would serve as a catalyst for a synergetic relationship between individuals and institutions working in diverse habitat related areas and therefore, maximise their total effectiveness.



DECCAN GYMKHANA

Located in the heart of Pune, extending across an area of 14 acres Deccan Gymkhana is a pioneer sports institution, which offers excellent facilities for a variety of indoor and outdoor games and sports.



BARODA PRESIDENCY SPORTS CLUB

A first of its kind Sports and Lifestyle club of the city to offer refreshingly new experiences in terms of sports, entertainment, camps, food festivals, carnivals, gettogethers and much more.



ROYAL BOMBAY YACHT CLUB

The oldest and most majestic Yacht Club in Asia, it was founded in 1846 by the then resident British community. Over the span of years the Club witnessed the changing scenario - from the early Lateen sail to the more recent class of boats, assuming the title "Royal". Today the Club stands in testimony of its grandeur past to its current status as the premier sailing club in the country.

Please check <http://www.internationalcentregoa.com> for Terms & Conditions for ICG members

For details about Membership, Programmes and Facilities, please visit our website: www.internationalcentregoa.com

Our quarterly e-newsletter is also available on: www.internationalcentregoa.com

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